

## **REGISTRATION FORM**

Name :  
Designation :  
University / College :  
Department :  
Address :  
Mobile Number :  
E-mail ID :  
Registration for:

**Signature of Participant**

### **Registration Details**

Rs.200/- for all Students and Research Scholar (TNPESU Students) , Rs.300/- for Other University Students & Faculty Members. The Registration Fee through Demand Draft or Indian Bank Chelan.

Registration Fee DD drawn in favor of "The Registrar, TamilNadu Physical Education & Sports University" payable at Chennai.

## **ORGANIZING COMMITTEE**

**Chief Patron**  
**Dr. M. SUNDAR**  
**Vice-Chancellor**

**Patron**  
**Dr.I.LILLY PUSHPAM**  
**Registrar**

**Organizing Secretary**  
**Dr. V. DURAISAMI**  
**Professor & Head**

**Joint Secretary**  
**Dr. S. SELVALAKSHMI**  
**Associate Professor**

**Co -Coordinators**  
**Mrs. A.B. CHANDRAVADHANA**

**Guest Lecture**  
**Ms. V. ABARNA**  
**Guest Lecture**

## **TWO DAYS INTER NATIONAL CONFERENCE ON**

**“ROLE OF YOGA & MUSIC – ITS  
IMPACT ON SPORTS, PHYSICAL  
EDUCATION & WORLD PEACE”**

**28 & 29 AUGUST 2024**



**Organised by**  
**Department of Yoga**  
**Tamil Nadu Physical Education**  
**And Sports University,**  
**Chennai, Tamil Nadu 600127.**

## ABOUT UNIVERSITY

The Tamil Nadu Physical Education and Sports University established by an Act of the Government of Tamil Nadu in 2004, is unique and the first of its kind in India as an affiliatory University, exclusively for Physical Education and Sports. After obtaining the accent from his Excellency the president of India on 5th August 2005, the said act came into force with effect from 15th September 2005.

### Department of Yoga

The Department of yoga strives for excellence to meet the world's latest expectations in terms of infrastructure, education, holistic care, and research and extension activities and to establish benchmarks that today other yoga institutions emulate.

### COURSES OFFERED IN DEPARTMENT OF YOGA & Affiliated Colleges

- Ph.D in Yoga (Full Time & Part Time)
- M.Sc in Yoga
- M.Sc in Yoga For Human Excellence
- B.SC in Yoga
- B.Sc in Yoga For Human Excellence

#### AIM OF THE CONFERENCE

“Yoga is like music. The rhythm of the body, the melody of the mind, and the harmony of the soul creates the symphony of life.”

– B.K.S. Iyengar.

When yoga and music unite, they create a symphony of wellness that goes beyond the sum of its parts. The rhythmic flow of yoga sequences becomes a canvas for musical expression, while the melodies and rhythms

of music deepen the practitioner's connection to their practice.

Yoga & Music at various levels can play a vital role in increasing mind control and concentration which helps the athlete to perform in their sports. It allows children and adults to experience success in physical activity, which can help build a strong foundation for life. Physical education and yoga both have their roots in the idea that the body may be used to cultivate mindsets and skills that are crucial to one's overall well .

#### THEME

- ❖ Yoga
- ❖ Yoga Therapy
- ❖ Music
- ❖ Dance
- ❖ Bharathanatyam
- ❖ Naturopathy
- ❖ Sports
- ❖ Physical Education
- ❖ Alternative Medicine

#### CALL FOR PAPERS

Delegates are requested to submit their abstracts of papers (Both empirical and theoretical) on any of the above theme and sub-themes in English upto 200 words using Times New Roman font with a character size of 12 and with 1.5 line spacing on A4 size sheet by post or via email should reach the organizing secretary.

#### SUBMISSION OF FULL PAPERS

The soft copy and hard copy of full paper typed in double space in English using Times New Roman font with a character size of 12 should reach the organizing secretary to the below mentioned mailing address. Certificate will be given only to the registered participants.

The registration form of the seminar is enclosed. The participants are expected to send the Registration form duly filled in along with Registration fee in the form of D.D (Demand Draft) drawn in favor of **The Registrar, Tamilnadu Physical Education & Sports University**

#### REGISTRATION FEE

All Students & Research Scholars	Rs.200/-
Faculty Members	Rs.300/-

The registration fee will cover soft copy of the Proceedings, for hard copy extra payment, Conference Kit and Lunch.

#### REGISTRATION DETAILS

Send us the filled in Registration form available in pamphlet with DD to the below mentioned address.

#### ADDRESS FOR COMMUNICATION

**Dr. V. DURAISAMI**  
**Organizing Secretary**  
**Professor & Head**  
**Department of Yoga**  
**Tamil Nadu Physical Education & Sports**  
**University, Melakottaiyur, Chennai – 600127.**  
**9842708648. Mail.ID :durai\_udaya@yahoo.co.in**  
**Phone: 044-27477906/175**

#### RESOURCE PERSON

**Dr. S. SURIYAKUMAR,**  
Senior Lecturer in Music,  
**University of Jaffna &**  
Director, Institute of suriya yoga, **Sri Lanka.**

**Mrs. VAANI SHARMA,**  
Director, Academy of Art, Om yoga,  
Dance and yoga teacher, **Switzerland.**

**DR. C. KARTHIKEYAN**  
Assistant Professor,  
Dept of Drama & Theatre Studies School of  
Journalism and New Media Studies  
Tamil Nadu Open University, Chennai.